

Here are the rules for this fall HISL season:

3rd - 4th Grade Playing Rules 8/9 year olds 25 mins

1. Recommended Field Length - 80 yards
2. Recommended Field Width - 40 yards
3. Recommended Center Circle - 8 yards radius
4. Corner Arc - A quarter circle with a radius of 1 yard from each corner flagpost
5. Goal Area - 6 yards
6. Penalty Area - 14 yards
7. Goal Size - 7 feet by 21 feet
8. Ball Size - 4
9. Goal Keeper - Yes
10. Field Players - 6 vs. 6 **(Voted in 2008 to be 7 v 7)**
11. Suggested Roster Size - 10-11
12. Player Substitution - Throw in (Ball in your possession), Goal Kick, Goal Scored, Injury, Halftime, Caution (Yellow Card)
 - a. Equal substitution for each team on Injury and Caution
13. Half Length - 20 minutes
14. Break Time - 5 minutes
15. Shin Guards required - yes
16. Offsides - not called
17. Indirect fouls - Indirect free kick for awarded for ALL fouls occurring outside Penalty Box
 - b. Opponent's distance away from ball on Free Kick - 8 yards
- ~~18. Penalty Kick - Awarded for all fouls occurring inside Penalty Box area~~
19. Fouls inside the Penalty box - Follow USSF Laws of soccer
20. 2nd Throw in - yes; one warning allowed
21. Goal Kick Opponent's Distance - 8 yards
22. Corner Kick Opponent's Distance - 8 yards

5th – 6th Grade Playing Rules 10-11 year olds 30 min

1. Recommended Field Length - 80 yards
2. Recommended Field Width - 50 yards
3. Recommended Center Circle - 8 yards radius
4. Corner Arc - A quarter circle with a radius of 1 yard from each corner flagpost
5. Goal Area - 6 yards
6. Penalty Area - 14 yards
7. Goal Size - 7 feet by 21 feet
8. Ball Size - 4
9. Goal Keeper - Yes
10. Field Players - 8 vs. 8
11. Suggested Roster Size - 12
12. Player Substitution - Throw in (Ball in your possession), Goal Kick, Goal Scored, Injury, Halftime, Caution (Yellow Card)
 - a. Equal substitution for each team on Injury and Caution
13. Half Length - 25 minutes
14. Break Time - 5 minutes
15. Shin Guards required - yes
16. Offsides - yes
17. Indirect fouls - Indirect free kick for awarded for ALL fouls occurring outside Penalty Box
- ~~18. Penalty Kick - Awarded for all fouls occurring inside Penalty Box area~~
19. Fouls inside the Penalty box - Follow USSF Laws of soccer
20. Opponent's distance away from ball on Free Kick - 8 yards (Indirect Fouls)
21. 2nd Throw in - no
22. Goal Kick Opponent's Distance - 8 yards
23. Corner Kick Opponent's Distance - 8 yards

7th - 8th Grade Playing Rules 12-13 year olds 30mins

1. Field Length – 80-110 yards
2. Field Width – 50-75 yards
3. Center Circle – 8-10 yards
4. Corner Arc - A quarter circle with a radius of 1 yard from each corner flagpost
5. Goal Area - 6 yards
6. Penalty Area – 14-18 yards
7. Goal Size - 7 feet by 21 feet; however, 8 feet by 24 feet is allowed
8. Ball Size - 5
9. Goal Keeper - Yes
10. Field Players - 9 vs. 9
11. Suggested Roster Size - 13
12. Player Substitution - Throw in (Ball in your possession), Goal Kick, Goal Scored, Injury, Halftime, Caution (Yellow Card)
 - a. Equal substitution for each team on Injury and Caution
13. Half Length - 30 minutes
14. Break Time - 5 minutes
15. Shin Guards required - yes
16. Offsides – yes
17. Fouls – USSF rules of soccer for direct and indirect kicks
18. Opponent's distance away from ball on Free Kick - 10 yards
19. ~~Penalty Kick – Awarded for all fouls occurring inside Penalty Box area~~
20. Fouls inside the Penalty box – Follow USSF Laws of soccer
21. 2nd Throw in - No
22. Goal Kick Opponent's Distance - 10 yards
23. Corner Kick Opponent's Distance - 10 yards